

# April 2024

# BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Frosted Flakes Cereal w/ Honey Grahams(100) Raisins(100) Applesauce Cup(100) 1% Low Fat White(95) Fat Free White Milk(5)	3 Yogurt w/ Honey Grahams(135) 100% Fruit Juice 4 oz(135) Apple (1/2 C)(135) 1% Low Fat White(128) Fat Free White Milk(7)	4 Vanilla Muffin(120) Pear (1/2 C)(120) Apple (1/2 C)(120) 1% Low Fat White(115) Fat Free White Milk(5)	5 Conchita w/ String Cheese(110) Pear (1/2 C)(110) Apple (1/2 C)(110) 1% Low Fat White(105) Fat Free White Milk(5)
8 Cheerios Cereal w/ Honey Grahams(120) Apple (1/2 C)(120) Mandarin Orange (1/2C)(120) 1% Low Fat White(115) Fat Free White Milk(5)	9 Vanilla Concha(125) Pear (1/2 C)(125) Mandarin Orange (1/2C)(125) 1% Low Fat White(120) Fat Free White Milk(5)	10 Frosted Flakes Cereal w/ Honey Grahams(125) Apple (1/2 C)(125) Mandarin Orange (1/2C)(125) 1% Low Fat White(120) Fat Free White Milk(5)	11 Blueberry Muffin(100) Pear (1/2 C)(100) Apple (1/2 C)(100) 1% Low Fat White(95) Fat Free White Milk(5)	12 Cinnamon Chex Cereal w/ Honey Grahams(125) Pear (1/2 C)(125) Apple (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)
15 Mantecada Sweet Bread(120) Orange (1/2 C)(120) Apple (1/2 C)(120) 1% Low Fat White(114) Fat Free White Milk(6)	16 Vanilla Concha(125) Orange (1/2 C)(125) Pear (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	17 Cinnamon Roll(125) 100% Fruit Juice 4 oz(125) Apple (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	18 Blueberry Yogurt Parfait w/ Honey Grahams(125) Banana (1/2 C)(125) Pear (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	19 Cinnamon Chex Cereal w/ Honey Grahams(10) Bagel w/ Cream Cheese(120) Pear (1/2 C)(130) Apple (1/2 C)(130) 1% Low Fat White(124) Fat Free White Milk(7)
22 Cinnamon Bar(125) Orange (1/2 C)(125) Apple (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	23 Vanilla Concha(125) Orange (1/2 C)(125) Pear (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	24 Yogurt w/ Honey Grahams(130) 100% Fruit Juice 4 oz(130) Apple (1/2 C)(130) 1% Low Fat White(124) Fat Free White Milk(7)	25 Vanilla Muffin(120) Banana (1/2 C)(120) Pear (1/2 C)(120) 1% Low Fat White(114) Fat Free White Milk(6)	26 Conchita w/ String Cheese(120) Pear (1/2 C)(120) Apple (1/2 C)(120) Fat Free White Milk(6) 1% Low Fat White(114)
29 Cheerios Cereal w/ Honey Grahams(125) Orange (1/2 C)(125) Apple (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)	30 Vanilla Concha(125) Orange (1/2 C)(125) Pear (1/2 C)(125) 1% Low Fat White(119) Fat Free White Milk(6)			

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Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Turkey & Cheese Sub Sandwich w/ Baby Carrots(100) Baby Carrots (1/2 C)(100) Orange (1/2 C)(100) 1% Low Fat White(5) Fat Free Chocolate Milk(95)	3 Cheese Pizza Kit(135) Roasted Chickpeas(135) Banana (1/2 C)(135) 1% Low Fat White(7) Fat Free Chocolate Milk(128)	4 Chicken Salad Sandwich w/ Roasted Fava Beans(110) Cucumber Slices (1/4 C) w/ Tajin(110) Apple (1/2 C)(110) 1% Low Fat White(5) Fat Free Chocolate Milk(105)	5 Chicken Caprese Salad w/ WG Dinner Roll(105) Fresh Broccoli (3/4c)(105) Orange (1/2 C)(105) 1% Low Fat White(5) Fat Free Chocolate Milk(100)
8 Turkey & Cheese Torta Sandwich(120) Baby Carrots (1/4 C)(120) Side of Oven Baked Fries (1/2 C)(120) 100% Fruit Juice 4 oz(120) 1% Low Fat White(5) Fat Free Chocolate Milk(115)	9 Turkey & Cheese Sub Sandwich w/ Baby Carrots(120) Baby Carrots (1/2 C)(120) Orange (1/2 C)(120) 1% Low Fat White(5) Fat Free Chocolate Milk(115)	10 Cheese Pizza Kit(120) Roasted Chickpeas(120) Pear (1/2 C)(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	11 Chicken Salad Sandwich w/ Roasted Fava Beans(120) Celery Sticks (1/4 C)(120) Apple (1/2 C)(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	12 Chicken Caprese Salad w/ WG Dinner Roll(100) Fresh Broccoli (3/4c)(100) Orange (1/2 C)(100) 1% Low Fat White(5) Fat Free Chocolate Milk(95)
15 Turkey & Cheese Torta Sandwich(120) Baby Carrots (1/4 C)(120) Side of Oven Baked Fries (1/2 C)(120) 100% Fruit Juice 4 oz(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	16 Turkey & Cheese Sub Sandwich w/ Baby Carrots(125) Baby Carrots (1/2 C)(125) Orange (1/2 C)(125) 1% Low Fat White(6) Fat Free Chocolate Milk(119)	17 Cheese Pizza Kit(125) Roasted Chickpeas(125) Banana (1/2 C)(125) 1% Low Fat White(6) Fat Free Chocolate Milk(119)	18 Chicken Salad Sandwich w/ Roasted Fava Beans(120) Cucumber Slices (1/4 C) w/ Tajin(120) Apple (1/2 C)(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	19 Chicken Caprese Salad w/ WG Dinner Roll(100) Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C)(100) Orange (1/2 C)(100) 1% Low Fat White(5) Fat Free Chocolate Milk(95)
22 Turkey & Cheese Torta Sandwich(125) Baby Carrots (1/4 C)(125) Side of Oven Baked Fries (1/2 C)(125) 100% Fruit Juice 4 oz(125) 1% Low Fat White(6) Fat Free Chocolate Milk(119)	23 Turkey & Cheese Sub Sandwich w/ Baby Carrots(120) Baby Carrots (1/2 C)(120) Orange (1/2 C)(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	24 Cheese Pizza Kit(130) Roasted Chickpeas(130) Banana (1/2 C)(130) 1% Low Fat White(7) Fat Free Chocolate Milk(124)	25 Chicken Salad Sandwich w/ Roasted Fava Beans(120) Cucumber Slices (1/4 C) w/ Tajin(120) Apple (1/2 C)(120) 1% Low Fat White(6) Fat Free Chocolate Milk(114)	26 Chicken Caprese Salad w/ WG Dinner Roll(100) Side Salad - Lettuce, Carrot, Tomato w/Ranch (1 C)(100) Orange (1/2 C)(100) 1% Low Fat White(5) Fat Free Chocolate Milk(95)
29 Turkey & Cheese Torta Sandwich(125) Baby Carrots (1/4 C)(125) Side of Oven Baked Fries (1/2 C)(125) 100% Fruit Juice 4 oz(125) 1% Low Fat White(6) Fat Free Chocolate Milk(119)	30 Pizza Hut Pepperoni Pizza Slice(200) Baby Carrots (1/2 C)(200) Orange (1/2 C)(200) Fat Free Chocolate Milk(190) 1% Low Fat White(10)			



All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**